



Colonial Heights July & August 2017 Swim Lesson Schedule

RED CROSS LEARN-TO-SWIM GROUP LESSONS

SATURDAY

July 1, 8, 15, 22, 29*

August 5, 12, 19, 26*

This session will run on a FOUR (4) week basis, meeting ONCE (1) a week.

Time	Class Type
8:25 – 8:55 AM	PARENT / CHILD
9:00 – 9:40 AM	PRESCHOOL / LEVEL 1
9:45 – 10:25 AM	LEVEL 1
10:30 – 11:10 AM	LEVEL 2 / 3

MONDAY

July 5, 12, 19, 26*

August 7, 14, 21, 28*

This session will run on a FOUR (4) week basis, meeting ONCE (1) a week.

Time	Class Type
12:00 – 12:45 PM	ADULT / TEEN BEGINNER

TUESDAY & THURSDAY

July 6, 11, 13, 18, 20, 25*

August 1, 3, 8, 10, 15, 17*

This session will run on a THREE (3) week basis, meeting for a total of 6 times.

Time	Class Type
5:25 – 5:55 PM	LEVEL 1 / 2
6:00 – 6:30 PM	LEVEL 3 / 4

THURSDAY EVENING

July 6, 13, 20, 27*

August 3, 10, 17, 24, 31*

This session will run on a FOUR (4) week basis, meeting ONCE (1) a week.

Time	Class Type
7:15 – 8:00 PM	ADULT / TEEN BEGINNER

Member Price: \$50 Non-Member Price: \$75

Registration: Registration is now open and is completed at the Welcome Desk. Registration is first come, first served. Registration for sessions will CLOSE 72 hours prior to the start of the session. Payment is required at the time of registration.

***Number of participants determines length of session. Please see registration packet for details. Classes are available year-round; therefore, payments for sessions are non-refundable. You may apply your payment towards another group or private session within six (6) months of purchase.**

FLYING FISH SWIM CLUB

Flying Fish registrations now OPEN. Check out our new Swim Club tab for practice session dates.

<http://amfamfit.com/swim-club/>

Not finding a session that meets your busy schedule? Private lessons are also available; ask our staff at the Welcome Desk for details.

Group Visits – Swim Lessons and/or free play are available. Groups include but not limited to Scouts, Day Care Centers, Sport Teams, and Youth Groups.

Any questions please contact Edythe West (ewest@amfamfit.com) or call the Welcome Desk at 804-520-7000.