



Mechanicsville

July & August 2017

Swim Lesson Schedule

RED CROSS LEARN-TO-SWIM GROUP LESSONS

Monday/Wednesday
July 17, 19, 24, 26, 31, Aug 2*
August 7, 9, 14, 16, 21, 23*

This session will run on a THREE (3) week basis, meeting TWICE (2) a week.

| Time | Class Type |
|----------------|------------|
| 4:30 – 5:00 PM | LEVEL 3 |
| 5:00 – 5:30 PM | LEVEL 2 |

Tuesday / Thursday
July 18, 20, 25, 27, Aug 1, 3*
August 8, 10, 15, 17, 22, 24*

This session will run on a THREE (3) week basis, meeting TWICE (2) a week.

| Time | Class Type |
|----------------|---------------------|
| 4:30 – 5:00 PM | LEVEL 2 |
| 5:00 – 5:30 PM | PRESCHOOL / LEVEL 1 |

Sunday - July 16, 23, 30, Aug 6, 13, 20*

This session will run on a SIX (6) week basis, meeting ONCE a week.

| Time | Class Type |
|---------------------|---------------------|
| 11:00 – 11:30 AM | PRESCHOOL / LEVEL 1 |
| 11:30 AM – 12:00 PM | LEVEL 2 |
| 12:10 – 12:40 PM | LEVEL 3 |

Saturday - August 5, 12, 19, 26, September 2, 9*

This session will run on a SIX (6) week basis, meeting ONCE a week.

| Time | Class Type |
|-----------------|---------------------|
| 9:00 – 9:30 AM | PRESCHOOL / LEVEL 1 |
| 9:30 – 10:00 AM | LEVEL 2 |

**** Adult Lessons and Parent/Child classes are offered as Private Lessons ****

Member Price: \$50 Non-Member Price: \$75

Registration: Registration is now open and is completed at the Welcome Desk. Registration is first come, first served. Registration for sessions will CLOSE 72 hours prior to the start of the session. Payment is required at the time of registration.

***Number of participants determines length of session. Please see registration packet for details.**

Classes are available year-round; therefore, payments for sessions are non-refundable. You may apply your payment towards another group or private session within six (6) months of purchase.

FLYING FISH SWIM CLUB

Flying Fish registrations now OPEN.

Check out our new Swim Club tab for practice session dates <http://amfamfit.com/swim-club/>

Not finding a session that meets your busy schedule? Ask about Private lessons at the Welcome Desk.
 Group Visits – Swim Lessons and/or free play are available. Groups include but not limited to Scouts, Day Care Centers, Sport Teams, and Youth Groups.

Any questions please contact Kristan DeLancy (kdelancy@amfamfit.com) or call the Welcome Desk at (804) 569-1600.