



Virginia Center Commons - VCC  
September & October 2017  
Swim Lesson Schedule

**RED CROSS LEARN-TO-SWIM GROUP LESSONS**

**SATURDAY**

**September 16, 23, 30, October 7, 14\***

**October 21, 28, November 4, 11, 18\***

This session will run on a FIVE (5) week basis, meeting ONCE (1) per week for 40 minutes each lesson

Time	Class Type
8:20 – 9:00 AM	PRESCHOOL 1 / LEVEL 1
9:05 – 9:45 AM	LEVEL 2
9:50 – 10:30 AM	LEVEL 3
10:35 AM – 11:15 AM	LEVEL 1
11:20 AM – 12:00 PM	TEEN / ADULT

**TUESDAY / THURSDAY**

**September 12, 14, 19, 21, 26, 28\***

**October 10, 12, 17, 19, 24, 26\***

This session will run on a THREE (3) week basis, meeting TWICE a week for 30 minutes each lesson

Time	Class Type
5:30 – 6:00 PM	PRESCHOOL
6:05 – 6:35 PM	LEVEL 1 / 2
6:40 – 7:10 PM	LEVEL 3

**Member Price: \$50 Non-Member Price: \$75**

**Registration:** Registration is now open and is completed at the Welcome Desk. Registration is first come, first served. Registration for sessions will CLOSE 72 hours prior to the start of the session. Payment is required at the time of registration.

**\*Number of participants determines length of session. Please see registration packet for details.**

**Classes are available year-round; therefore, payments for sessions are non-refundable. You may apply your payment towards another group or private session within six (6) months of purchase.**

**FLYING FISH SWIM CLUB**

**Flying Fish practice sessions have resumed. Registrations are now open!  
Check out our new Swim Club tab for the upcoming practice session dates.**

<http://amfamfit.com/swim-club/>

Not finding a session that meets your busy schedule? Private lessons are also available; ask our staff at the Welcome Desk for details.

Group Visits – Swim Lessons and/or free play are available. Groups include but not limited to Scouts, Day Care Centers, Sport Teams, and Youth Groups.

Any questions please contact Holly Cann @ [hcann@amfamfit.com](mailto:hcann@amfamfit.com) or call (804) 261-1000.